CHILD & FAMILY BEHAVIORAL HEALTH RESOURCE GUIDE

MIDDLE GEORGIA

FALL 2021







TABLE OF CONTENTS

Overview ... <u>3</u> Community Resource Finder ... <u>4-5</u> Crisis & Help Lines ... <u>6-9</u> Home Visiting and Home-Based Therapy ... <u>10</u> Private, Non-Profit & Community Behavioral Health Services ...<u>11-13</u> School Resources ... <u>14-22</u> Select Trauma-Informed & ACE Prevention Training Resources ... <u>23</u> State Departments and Agencies ... <u>24-29</u> Support Groups & Substance Abuse Programs ... <u>30</u> Rural Hospitals ... 31





OVERVIEW

This resource guide includes child and family behavioral health state & local resources with service descriptions and contact information for the counties included in the Resilient Middle Georgia coalition. This document is meant to serve, inform & assist regional coalition's partners, community members & local stakeholders.

This resource guide has been co-produced by Resilient Georgia & Resilient Middle Georgia

RESILIENT GEORGIA

Aligning public and private efforts and resources across the state that support resiliency for all persons aged 0-26 and their families.

RESILIENT MIDDLE GEORGIA

Resilient Middle Georgia aims to build a common language and understanding about adversity, trauma, and ACEs while also identifying and empowering community champions to join the trauma informed care movement.



GEOGRAPHIC SERVICE AREAS

Macon-Bibb County Houston County Pulaski County Wilkinson County Putnam County Baldwin County Monroe County Jones County Crawford County Peach County Twiggs County Jasper County Washington County Hancock County

CONTACT

Email: info@resilientga.org Phone: (678) 940-1431

COMMUNITY RESOURCE FINDER

STATEWIDE	
Aunt Bertha	Search tool to find free & affordable behavioral health services by zip code.
<u>CSRA Community</u> <u>Resource Guide</u>	Comprehensive community resources guide including substance abuse rehab and recovery services for Central Savannah River Area.
<u>Georgia Center for</u> <u>Resources and Support</u>	Statewide project to increase supportive services and trainings for adoptive and foster families across the state.
<u>Middle Georgia</u> Community Action Agency	Providing community services including head start, housing & energy. Contact: rsthomas.mgcaa@gmail.com
<u>Psychology.com</u>	National directory searchable by city & state or zip code to find licensed therapists in the area.
<u>Peach State Health Plan</u> <u>Community Resources</u>	Community and family resources in Georgia categorized by regions. Last updated 2017.
<u>Sunshine Behavioral</u> <u>Health</u>	Provides directory to find free addiction treatment resources nearby. Contact: 855-951-4874, contact@sunshinebh.com
<u>The Help List</u>	Find local community based services including housing and food assistance on the county level.
<u>United Way 2-1-1</u>	24/7 Referral service that connects community members with various social services including mental health services such as children's/adolescent psychiatric hospitals, community mental health agencies, and crisis lines. Call 2-1-1 or 404-614- 1000.

PAGE 05

COMMUNITY RESOURCE FINDER

BIBB COUNTY	
Macon Community Guide	Resource guide for all services including directory for mental health and counseling services in the Macon area community.
HANCOCK COUNTY	
<u>Hancock County Early</u> <u>Head Start/Head Start &</u> <u>Pre-K Resource Guide</u>	Resource guide for general and early head start services in Hancock County.
HOUSTON COUNTY	
<u>Houston County</u> <u>Habitat for Humanity</u> <u>Resource Guide</u>	Brochure of diverse community resources and services in and around Houston County. Last updated, 2019.
JONES COUNTY	
<u>Jones County Family</u> <u>Connection</u>	Resource guide for community services available for families in Jones County.
M O N R O E C O U N T Y	
<u>Monroe County Family</u> <u>Connection Resource</u> <u>Directory</u>	Resource directory for various human services including health and wellbeing in Monroe County. Last updated, 2019.
P U L A S K I C O U N T Y	
<u>Citizens & Newcomers</u> <u>Resource Directory</u>	A list of resources available to Pulaski County citizens curated by Pulaski Family Connection. Contact: 478-783-7486, <u>famconn@pulaskico.com</u>
<u>Pulaski County Family</u> <u>Connection Resource</u> <u>Directory</u>	A resource directory for various family services available in Pulaski County.

REGION	ORGANIZATION	CONTACT
NATIONAL	National Suicide Prevention Lifeline	1-800-273-TALK
	Trevor Project (LGBTQIA+)	1-866-488-7386
	Crisis Text Line	Text HOME 741741
	SAMHSA Disaster Distress Helpline	Call or Text 1-800-985-5990
STATEWIDE	24/7 Crisis Line & Safe House of Central Georgia	478-745-9292
	24/7 Georgia Department of Public Health	1-866-PUB-HLTH
	24-Hours Georgia Domestic Violence Hotline	1-800-334-2836
	Adult Protective Services	1-888-774-0152
	Child Protective Services	1-855-422-4453
	Children 1st Information and Referral Center	(M-F; 8AM - 5PM): 1-855-707-8277
	DECAL's SEEDS Helpline	1-833-354-4357
	DPH's Help Me Grow	1-888-457-4769
	Georgia Crisis and Access Line (GCAL)	1-800-715-4225
	Georgia Family Healthline	(M-F; 8AM-5PM):1-800-300-9003

REGION	ORGANIZATION	CONTACT
STATEWIDE	Georgia Council on Substance Abuse CARES Warm Line	(Call/text)1-844-326-5400
	Georgia Foodstamps/SNAP/ TANF/Medicaid Information	1-877-423-4746
	Georgia Home Visiting Program	1-855-707-8277
	Georgia Poison Center	1-800-222-1222
	Middle GA Alliance to End Regional Trafficking (MG-Alert) Hot line	1-888-373-7888
	NAMI GA Helpline: Crisis Line	1-800-273-8255; text "NAMI" to 741741 (24/7)
	Partnership for Prescription Assistance	1-888-477-2669
	Peer2Peer Warm line (24 hour peer support, not a crisis line)	888-945-1414
	Prevent Child Abuse Georgia	(M-F; 8AM - 6PM): 1-800-244-5373
	Statewide Georgia Hotline for Domestic Minor Trafficking	
	Transitional Family Services Crisis Line	706-305-8574
	United Way	2-1-1
BALDWIN County	American Red Cross of East Central Georgia	706-724-8481
	Baldwin County Sheriff's Office	478-445-4893

REGION	ORGANIZATION	CONTACT
BIBB COUNTY	Bibb County Sheriff's Office	478-751-7500
	Central Midwest Georgia Red Cross	706-884-5818
	Macon Red Cross	478-743-8671
CRAWFORD COUNTY	Central Midwest Georgia Red Cross	706-884-5818
	Crawford County Sheriff's Office	478-836-3116
HANCOCK COUNTY	American Red Cross of East Central Georgia	706-724-8481
	Hancock County Sheriff's Office	706-444-6471
HOUSTON COUNTY	Central Midwest Georgia Red Cross	706-884-5818
	Houston County Sheriff's Office	478-542-2125
	Warner Robins Red Cross	478-923-6332
JASPER COUNTY	American Red Cross of East Central Georgia	706-724-8481
	Jasper County Sheriff's Office	706-468-4912
JONES COUNTY	American Red Cross of East Central Georgia	706-724-8481
	Jones County Sheriff's Office	478-986-4992

REGION	ORGANIZATION	CONTACT
MONROE COUNTY	Central Midwest Georgia Red Cross	706-884-5818
	Monroe County Sheriff's Office	478-994-7048
PEACH COUNTY	Central Midwest Georgia Red Cross	706-884-5818
	Peach County Sheriff's Office	478-825-2507
PULASKI COUNTY	Pulaski County Sheriff's Office	478-783-1212
	American Red Cross of South Central Georgia (Serving Pulaski)	229-242-7404
PUTNAM COUNTY	American Red Cross of East Central Georgia	706-724-8481
	Putnam County Georgia Sheriff's Office	706-485-8557
TWIGGS COUNTY	American Red Cross of East Central Georgia	706-724-8481
	Twiggs County Sheriff's Office	478-945-3357
WASHINGTON COUNTY	American Red Cross of East Central Georgia	706-724-8481
	Washington County Sheriff's Office	478-552-4795
WILKINSON COUNTY	American Red Cross of East Central Georgia	706-724-8481
	Wilkinson County Sheriff's Office	478-946-2236

HOME VISITING AND HOME-BASED THERAPY

ORGANIZATION		CONTACT
<u>Hillside Atlanta</u>	Provides 24/7 in-home therapy for children, adolescents and their families for mental health diagnosis. Serving Bibb County and various Georgia communities.	404-846-5118

PRIVATE, NON-PROFIT & COMMUNITY BEHAVIORAL HEALTH SERVICES

ORGANIZATION		CONTACT
Crisis Line & Safe House of Central Georgia (<u>CL-SH</u>)	Provides crisis intervention, advocacy and follow up counseling services along with Sexual Assault Center to help prosecute perpetrators for crimes against victims in Central Georgia.	24-hour Crisis Hotline: 478-745-9292
Family Counseling Center of Central Georgia (<u>FCCCG</u>)	 Provides professional individual, marriage & crisis counseling services, families in transition workshops and support groups. Free & sliding scale available. 277 MLK Blvd., Suite 203, Macon, 31201 106-B Olympia Drive, Warner Robins, 31093 905 Main St., Macon, 31217 	478-745-2811 <u>kgfcc@aol.com</u>

PRIVATE, NON-PROFIT & COMMUNITY BEHAVIORAL HEALTH SERVICES

ORGANIZATION		CONTACT
Georgia Court Appointed Special Advocates (CASA) Volunteers Supervises specially- trained volunteers appointed by the	Central Georgia Court Appointed Special Advocates, Inc. (CGCASA) Serving Bibb, Crawford & Peach Counties.	Susanna Patterson Executive Director 3888 Northside Dr., Suite B, Macon, GA 31210 478-238-6318 susanna.patterson@cgcasa.org_
court to improve a child's experience in foster care.	<u>Ocmulgee CASA, Inc.</u> Serving Baldwin, Greene, Hancock, Jasper, Jones, Morgan, Putnam & Wilkinson Counties	Lori Muggridge Executive Director P.O. Box 1586 Milledgeville, GA 31059 478-452-9170 ocasalm@baldwin.k12.ga.us
	<u>CASA of Houston County, Inc.</u> Serving Houston County	Velicia Y. Lowe Executive Director Houston County Juvenile Justice Complex 206 Carl Vinson Parkway Warner Robins, GA 31088 478-542-2141 x336 casa@houstoncountyga.org
Hephzibah Behavioral Health Services	Provides treatment of alcoholism, opioid addiction, substance abuse, and mental health and substance abuse. Medicaid and sliding scale billing available.	478-476-0805 1902 Forsyth St Suite D Macon Georgia, 31201

PRIVATE, NON-PROFIT & COMMUNITY BEHAVIORAL HEALTH SERVICES

ORGANIZATION		CONTACT
<u>Hope House Inc.</u>	Provides residential and intensive outpatient treatment for mental health and substance use to homeless single women, pregnant women, and women with children seeking to regain custody of their children.	706-737-9879 2205 Highland Avenue Augusta, GA 30904 <u>ksaltzman@hopehouseaugusta.org</u>
<u>Macon Mental</u> <u>Health Matters</u>	New initiative led by the Southern Center for Choice Theory to provide access to mental healthcare, training, and counseling services for the Macon-Bibb county	The Southern Center For Choice Theory 411 Holt Ave, Macon, GA 31204 478-741-1268 <u>mmhm@thesoutherncenterforchoiceth</u> <u>eory.com</u>
Mercer Family Therapy Center (<u>MFTC</u>)	Provides therapy services for alcohol and drug treatment, counseling, dual diagnosis, family support systems, grief assistance, mental health evaluations, outpatient mental health services and outpatient substance abuse services. Sliding fee scale available.	478-301-5970 Macon Clinic 433 Cherry Street Macon, GA
Project Intersect	Find therapists and other providers trained in Trauma- Focused Cognitive Behavioral Therapy to serve children and their families who have experienced Commercial Sexual Exploitation.	Jennifer Hossler Program Manager 678-904-2880 X 232 jenniferh@gacfca.org

PRIVATE, NON-PROFIT & COMMUNITY BEHAVIORAL HEALTH SERVICES

ORGANIZATION		CONTACT
The Methodist Home <u>Lighthouse</u> for Families	Provides counseling services for children, families and adults with mental health, substance use and co-occurring disorders; evaluations/assessments addressing areas such as trauma, substance abuse, domestic violence and parental fitness, skilled visitation program.	478-751-2800 116 Pierce Ave Macon, GA 31204 <u>information@themethodisthome.org</u>
Parent to Parent of Georgia	Special needs database for accessible provider search for general resources including mental health/behavioral services.	1-800-229-2038 <u>info@p2pga.org</u>
<u>Stepping Stones</u> to Recovery	Provides outpatient counseling services, substance abuse intensive outpatient program, psychiatric treatment, family services, DUI, court and mental health evaluations for the Central Savannah River Area.	2610 Commons Blvd Augusta, GA 30909 706-733-1935 i <u>nfo@steppingstonestorecovery.net</u>
<u>Transitional</u> <u>Family Services</u>	Provides professional mental Non- Intensive Community Services such as individual/family therapy, relationship/couples therapy, group therapy, Psychiatric Assessment/Medication Management, along with Intensive Family Intervention to individuals and families.	Rachele Ferons, LPC, CPCS Regional Manager 706-364-1404 3643 Walton Way Ext. Suite 4 Augusta, GA 30909 Rachele.Ferons@pathways.com



BOARD OF PUBLIC EDUCATION		
BIBB COUNTY	Dr. Curtis L. Jones Jr. Superintendent	478-765-8502 curtis.jones@bcsdk12.net Access board information and contacts for other board members by district here .
BALDWIN COUNTY	Floyd Griffin Chair	<u>flgriff52@gmail.com</u> Access school board members <u>here</u> .
CRAWFORD COUNTY	Raymond Dickey Chair	478-472-5583 <u>rdickey72@gmail.com</u> Access board information & other board members by district <u>here</u> .
HANCOCK COUNTY	Annie Ingram Chairperson	aingram@hancock.k12.ga.us Access board information & other board members by district <u>here</u> .
HOUSTON COUNTY	Mr. Fred Wilson Chairman	478-929-0605 post4@hcbe.net Access board information & other board members by district <u>here</u> .
JASPER COUNTY	Audrey Stokes BOE Contact William "Bill" Schilling Chair	706-468-6350 x 101 <u>astokes@jasper.k12.ga.us</u> 706-468-6350 <u>wschilling@jasper.k12.ga.us</u> Access board information & other board members by district <u>here</u> .

BOARD OF PUBLIC EDUCATION		
JONES COUNTY	Ginger Bailey Chair	g<u>bailey@jones.k12.ga.us</u> Access board information & other board members by district <u>here</u> .
MONROE COUNTY	Dr. Priscilla G. Doster Chair	priscilla.doster@mcschools.org Access board information & other board members by district <u>here</u> .
PEACH COUNTY	B.J. Walker Chairman	Bwalker@peachschools.org Access board information & other board members by district <u>here</u> .
PULASKI COUNTY	Drew Davis Chair	ddavis68@pulaski.k12.ga.us Access board information & other board members by district <u>here</u> .
PUTNAM COUNTY	Dr. Steve Weiner Chair	steve_weiner@putnam.k12.ga.us Access board information & other board members by district <u>here</u> .
TWIGGS COUNTY	Dr. Mack H. Bullard Superintendent	478-945-3127 <u>mbullard@twiggs.k12.ga.us</u> Access board information & other board members by district <u>here</u> .
WASHINGTON COUNTY	Chris Hutchings Chairman	chutchings@washington.k12.ga.us Access board information & other board members by district here .
WILKINSON	Roger Smith Chair	roger.smith@wilkinson.k12.ga.us Access board information & other board members by district <u>here</u> .



COLLEGES & UN	COLLEGES & UNIVERSITY STUDENT HEALTH/COUNSELING SERVICES		
BIBB COUNTY	Central Georgia Technical College- Macon campus Provides <u>counseling services</u> , support groups, community referrals, & anger management	478-476-5167 <u>counseling@centralgatech.edu</u>	
	Mercer University-Macon campus Provides individual & relational counseling services to explore personal issues including trauma, anxiety etc. and emergency crisis management services. <u>Counseling and Psychological</u> <u>Services</u>	478-301-2862 After Hour Emergency: 478-301-4357	
BALDWIN COUNTYGeorgia College & State University Provides counseling services, psychiatric clinics and 24/7/365 mental health support line.		833-855-0085 <u>student_health_services@gcsu.edu</u> Anyone at risk for acting on thoughts of harming themselves or others should seek help immediately by calling Public Safety at 478 445-4400.	
	Georgia Military College-Milledgeville Provides wellness education, counseling and resources .	(478) 387-4839 <u>healthservices@gmc.edu</u>	



COLLEGES & UNI	VERSITY STUDENT HEALTH/COUNSELING SEI	RVICES
PEACH COUNTY	Fort Valley State University Provides professional <u>mental health counseling</u> <u>and prevention services</u> for individuals and groups through the mental health counseling and outreach units.	478-825-6278
HOUSTON COUNTY	Central Georgia Technical College- Warner Robins Provides <u>counseling services &</u> <u>resources</u> , assistance with coping skills, crisis management, anger management, support Groups, community referrals.	478-476-5167 <u>counseling@centralgatech.edu</u>

GEORGIA DEPARTMENT OF EDUCATION

PROJECT AWARE Georgia Project Aware

(Advancing	
Wellness and	
Resiliency in	
Education)	

Provides funding to be disbursed over 5 years (2021-2025) to improve school climate and provide mental health services for students and families. Rebecca Blanton Project Coordinator 404-463-0712 rblanton@doe.k12.ga.us 2021 current recipients: Bibb County Schools and Houston County Schools

POSITIVE BEHAVIORAL INTERVENTIONS AND SUPPORTS (PBIS)

3-tiered framework that schools use to improve school safety and promote positive behavior. Learn more **<u>here</u>**.

BIBB COUNTY	Bibb County School District PBIS To improve the culture and climate of the Bibb County School District and community settings through the Positive Behavioral Intervention & Supports framework.	Curlandra L. Smith PBIS Coordinator curlandra.smith@bcsdk12.net • List of current PBIS schools in Georgia by county • List & phone number of PBIS coaches by schools
BALDWIN COUNTY	List of current PBIS schools in Georgia by	<u>county</u>
BALDWIN HANCOCK JOHNSON PUTNAM WASHINGTON WILKINSON COUNTIES	Veronica Bundrage PBIS Wraparound Specialist 478.552.5178 Ext. 215 veronica.bundrage@oconeeresa.org	
CRAWFORD COUNTY	Crawford County Elementary School <u>PBIS</u> Crawford County Middle School <u>PBIS reso</u> Crawford County High School <u>PBIS resource</u>	urces
HOUSTON COUNTY	<u>List of current PBIS schools in Georgia</u> <u>by county</u>	Jason Pinkney PBIS District Coordinator 478-218-4618 <u>jason.pinkney@hcbe.net</u>
PUTNAM COUNTY	List of current PBIS schools in Georgia by	<u>county</u>
PULASKI COUNTY	Pat Ethredge PBIS School Climate Coordinator pat.ethredge@wheeler.k12.ga.us	

REGIONAL EDUCATIONAL SERVICE AGENCY (RESA)

MIDDLE GA REGIONAL EDUCATIONAL SERVICE AGENCY	MGRESA Climate Specialist Provide technical assistance and support to district level personnel in working toward improving school climate and implementing Positive Behavioral Interventions & Supports (PBIS).	Lara Sims MGRESA Climate Specialist 478-988-7171 Isims@mgresa.us Serving: Bibb County Schools, Crawford County Schools, Houston County Schools, Jasper County Schools, Jones County Schools, Monroe County Schools, Peach County Schools, Twiggs County Schools
OCONEE REGIONAL EDUCATIONAL SERVICE AGENCY	OCONEE RESA Assist and support region 9 schools in developing the capacity to be collaborative, high performing schools focused on student learning.	Checo Perryman School Climate Specialist 478.552.5178 Ext. 207 checo.perryman@oconeeresa.org Serving: Baldwin, Hancock, Johnson, Putnam, Washington & Wilkinson Counties Access board of control and other Oconee RESA specialists <u>here</u> .
HEART OF GEORGIA RESA	HGRESA Provides leadership and assistance through consultative services, direct student services, and support services for member systems.	Dr. Steven Miletto Executive Director smiletto@hgresa.org Dr. Connie Howell Associate Executive Director connie@hgresa.org Serving: Pulaski County

GEORGIA SCHOOL BASED HEALTH ALLIANCE (GASBHA)

Advances the health and success of Georgia's children through community partnerships to develop and support school based health centers.

BIBB COUNTY

Ingram-Pye Elementary School (Macon, GA)

478-779-3000



SCHOOL PSYCHOLOGICAL SERVICES

BALDWIN COUNTY	Baldwin County School District	Ola Scott-Little School Social Worker 478-453-4176 <u>Ola.Scott-Little@Baldwin.K12.GA.US</u>
BIBB COUNTY	Bibb County School District	<u>Psychological Staff Directory</u> 2020-21 School Year
CRAWFORD COUNTY	Crawford County School District	Brian Blann Consulting Psychologist 478-836-3131 x112 Access specific counselors by school <u>here</u> .
HANCOCK COUNTY	Hancock County School District	Sheanette Drake District Social Worker 706-444-5775 sdrake@hancock.k12.ga.us Access specific counselors by school <u>here</u> .
HOUSTON COUNTY	Houston County School District	Monica Smith School Psychology Coordinator <u>monica.smith@hcbe.net</u> Access school psychologists <u>here</u> .

SCHOOL PSYCHO	DLOGICAL SERVICES	
JONES COUNTY	Jones County School District	Access individual school counselors <u>here</u> .
MONROE COUNTY	Monroe County School District	Access individual school counselors <u>here</u> .
PEACH COUNTY	Peach County School District	Ariel Young School Psychologist <u>ayoung2@peachschools.org</u> Access individual school counselors <u>here</u> .
PULASKI COUNTY	Pulaski County School District	Rhonda Black School Psychologist 478-783-7208 <u>rblack@pulaski.k12.ga.us</u>
PUTNAM COUNTY	Putnam County School District	Andrea Bottchen Putnam County Primary School Counselor Andrea_Bottchen@putnam.k12.ga.us
WASHINGTON COUNTY	Washington County School District	Stephanie Irby School Psychologist <u>stephanie.irby@washington.k12.ga.us</u> Access individual school counselors <u>here</u> .
WILKINSON COUNTY	Wilkinson County School District	Access individual school counselors <u>here</u> .

THE GEORGIA APEX PROGRAM

Georgia Department of Behavioral Health and Developmental Disabilities program to increase access to mental health services for school-aged youth, Pre-Kindergarten to 12th grade, throughout the state.

BIBB COUNTY	<u>River Edge Behavioral Health Center</u> (Macon)	478-952-2920 <u>sgordon@river-edge.org</u>
BALDWIN COUNTY	Oconee Center CSB (Milledgeville)	478-445-4817 <u>oconeeacct@windstream.net</u>
	<u>River Edge Behavioral Health Center</u> (Macon)	478-952-2920 <u>sgordon@river-edge.org</u>
HOUSTON COUNTY	<u>Middle Flint Behavioral Healthcare</u> (Americus)	229-931-2470 <u>bethr@mfbhc.org</u>

SELECT TRAUMA-INFORMED & ACE PREVENTION TRAINING RESOURCES

ACES - ADVERSE CHILDHOOD EXPERIENCES		TRAUMA-INFORM	NED
Potentially traumatic events that occur in childhood. Learn more <u>here</u> .		Based on the knowledge and understanding of trauma and its reaching implications. Learn mo <u>here</u> .	
COMMUNITY RESILIENCY	Y MODEL (<u>CRM</u>)	STEWARDS OF CHILDREN TRAINING	
CRM is an innovative and preventative low-cost, low- intensity training, which involves a simple set of mental wellness skills that can be readily learned and practiced. CRM skills can restore the natural balance of the nervous system by focusing on sensations of well-being.	Dr. Linda Grabbe Certified CRM Trainer Igrabbe@emory.edu App: ichillapp	Stewards of Children training is the only adult-focused, evidence- informed curriculum proven to increase knowledge and attitudes about child sexual abuse and change behaviors promoting protective factors. The one-time 2 ¹ / ₂ hour Stewards of Children program is available through a group session led by an authorized facilitator as well as online.	Nikki Berger 678-904-2880 <u>NikkiB@gacfca.org</u> Learn more here.
MENTAL HEALTH FIRST AID (<u>MHA</u>)		MINDFUL SELF-COMPASSION 1	-DAY WORKSHOP
Mental Health First Aid is a skills-based training course that teaches participants about mental health and substance-use issues. This training is available in both adult and youth curriculum.		Mindful Self Compassion is a 1-day skills-building workshop that teach fundamental concepts and skills o self-compassion. This training equ the ability to use self-compassion emotions with greater ease.	hes participants the f mindfulness and ips participants with
NATIONAL ALLIANCE ON MENTAL ILLNESS (<u>NAMI)GEORGIA</u>		QUESTION, PERSUADE, ANI	D REFER (<u>QPR</u>)
Mental health advocacy group that provides education, programs, and support group to erase mental illness stigma.		QPR is an innovative, practical and prevention training that empowers regardless of their background, to difference in the life of someone th	participants, make a positive

CONNECTIONS MATTERS GEORGIA

Connections Matter Georgia is an interactive discussion-based workshop that can be taken in either two days (2 hours each day) OR one day (4 hours) via virtual Zoom format. Participants learn about adverse childhood experiences (ACEs), trauma, and resiliency.

<u>connectionsmatterga@gmail.com</u> Register for individual training or request a group training <u>here</u>.

Currently trained for Train the Trainers in RMG:

- Dr. Andrea Meyer Stinson, Mercer University School of Medicine
- Jill Vanderhoek, Community Partnership-Bibb County Family
 Connection
- Tian Foss, Houston County Family Connection
- Joy Carr, Jones County Family Connection
- Tajalyn Woodruff, School Justice Partnership Coordinator Macon- Bibb District Attorney's Office
- Angela Brown, Department of Family and Children Services (Public Service Agency)
- Kerisia Wasztyl, Navicent, Healthy Communities

GEORGIA DEPARTMENT OF BEHAVIORAL HEALTH	I AND DEVELOPM	ENTAL DISABILITIES (<u>DBHDD</u>)
State agency responsible for providing mental health, substance abuse, intellectual & developmental disabilities, deaf services across the state.		
DBHDD <u>Office of Constituent Services</u> : Point of contact to answer questions, address and recommendations about DBHDD services. intake form, call or email.	complaints, inqu Fill out the online	404-657-5964 iries, <u>DBHDDConstituentServices@</u> <u>dbhdd.ga.gov</u>
DBHDD Regional Field Offices : Administers DBHDD hospital and community resources in 6 regions; more info <u>here</u> .	BALDWIN & BIBB COUNTIES	<u>Region 2</u> 706-792-7733 Toll free call: 866-380-4835 Fax: 706-792-7740
	HOUSTON COUNTY	<u>Region 6</u> 706-565-7835
DBHDD State Hospitals: Five state hospitals offering inpatient adult mental health and forensic services. To be referred to hospital services in your area, please call the Georgia Crisis & Access Line at 1-800-715-4225, available 24/7. <u>Map of all state psychiatric</u> <u>hospital locations</u> .	BALDWIN & BIBB COUNTIES	Central State Hospital (Milledgeville) 478-445-4128 East Central Regional Hospital (Augusta & Gracewood) Paul Brock Hospital Administrator paul.brock@dbhdd.ga.gov
	HOUSTON COUNTY	West Central Georgia Regional Hospital (Columbus) 706-568-5000 <u>wcgrh@dbhdd.ga.gov</u>
Resiliency Support Clubhouse: Six statewide locations, provides supportive services including educational supports, employment services, peer support, family engagement, social activities, and other initiatives geared to engage youth and assist them in managing behaviors and symptoms.	BALDWIN COUNTIES	<u>CONNECT</u> 60 Highway 22 West Milledgeville, Georgia Run by River Edge CSB (478) 803-7714

Community Service Boards (CSBs): Georgia's public safety-net providers of mental health, substance use disorder, and intellectual and developmental disability treatment and services.	BALDWIN COUNTY	<u>Oconee Center CSB (</u> Milledgeville) 478-445-4817 <u>oconeeacct@windstream.net</u> <u>River Edge Behavioral Health</u> <u>Center</u> (Macon) 478-952-2920 <u>sgordon@river-edge.org</u>
CSBs are quasi- governmental agencies with oversight from the Georgia Department of Behavioral Health and Developmental	BIBB COUNTY	<u>River Edge Behavioral Health Center</u> (Macon) 478-952-2920 <u>sgordon@river-edge.org</u>
Disabilities. <u>Directory of all</u> DHDD CSB in the state.	HOUSTON COUNTY	<u>Middle Flint Behavioral Healthcare</u> (Americus) 229-931-2470 <u>bethr@mfbhc.org</u>
Federally Qualified Health Centers (FOHCs): Safety net health providers; provide accessible and affordable essential primary and preventive health services including behavioral health under Georgia's Department of Community	BALDWIN COUNTY BIBB COUNTY	Community Health Systems 478-552-7384 • Bee-Well Clinic-Milledgeville (478-215-4009) Oconee Valley Health Care • TenderCare Clinic-Milledgeville (478-414-1414) Community Health Care Systems 478-301-4500
Health. Some provide comprehensive services including mental health and some provide only dental & physical health services. For complete list, see here, we've outlined those that provide behavioral health services.		 Macon CHCS (478-301-4500) FIRST CHOICE PRIMARY CARE, INC First Choice Primary Care-Downtown Macon (478-787-4266) First Choice Primary Care-South Macon (478-781-2992) First Choice Primary Care-Ingram Pye Health Center (478-621-7955) First Choice Primary Care-East Macon (478-238-5665) Day Break Center Suite A (478-787-4266, 478-216-9119 x2009) First Choice Primary Care-Warner Robins (478-225-9449)

Federally Qualified Health Centers (FQHCs): Safety net health providers; provide accessible and affordable essential primary and preventive health services including behavioral health under Georgia's Department of Community Health. Some provide comprehensive services including mental health and some provide only dental & physical health services. For complete list, see here, we've outlined those that provide behavioral health services.	HOUSTON COUNTY	 <u>CareConnect –formerly SWG Healthcare</u> New Hope Clinic – Cordele (229-276-0100) CareConnect Family Practice – Americus (229-928-4755) <u>First Choice Primary Care, Inc</u> First Choice Primary Care-Downtown Macon (478-787-4266) First Choice Primary Care-South Macon (478-781-2992) First Choice Primary Care-Ingram Pye Health Center (478-621-7955) First Choice Primary Care-East Macon (478-238-5665) Day Break Center Suite A (478-787-4266, 478-216-9119 x2009) First Choice Primary Care-Warner Robins (478-225-9449) 	
Georgia Children's Advocacy Centers (CACGA): Collaborative, community- based services to provide services for children and families affected by sexual and or physical abuse.	BALDWIN COUNTY	<u>The Bright House</u> 394 Broad St. Milledgeville, GA 31062 478-250-8566	
	BIBB COUNTY	Crescent House 726 First Street Macon, GA 31201 478-633-7044	
	HOUSTON COUNTY	<u>Rainbow House Children's Resource Center</u> P. O. Box 1239 Warner Robins, GA 31099 478-923-5923	
	MONROE COUNTY	<u>C.A.R.E. Cottage</u> Monroe County Sheriff's Office P. O. Box 276 Forsyth, GA 31029 478-994-7287	
Georgia Crisis & Access Line (9 24/7 helpline to get connected to services for mental health, substabuse, or intellectual/ development disability issues in your area. 1-800-715-4225	o crisis tance	<u>Comprehensive list of GCAL Adult Behavioral Health</u> <u>Providers</u> <u>Comprehensive list of GCAL Child/Adolescent</u> <u>Behavioral Health Providers</u>	

Georgia Department of Behavioral Health and Developmental Disabilities <u>state hospitals</u> : Five state hospitals offering inpatient adult mental health and forensic services. To be referred to hospital services in your area, please call the Georgia Crisis & Access Line at 1-800-715-4225, available 24/7.	BALDWIN & BIBB COUNTIES HOUSTON	Central State Hospital (Milledgeville) 478-445-4128 East Central Regional Hospital (Augusta & Gracewood) Paul Brock Hospital Administrator paul.brock@dbhdd.ga.gov
	COUNTY	West Central Georgia Regional Hospital (Columbus) 706-568-5000 <u>wcgrh@dbhdd.ga.gov</u>
Georgia Department of Public Health (GDPH): Provides free stress management services through Teen Health Center, facilitates collaboration & communication between different entities. For public health emergencies, Call 1- 866-PUB-HLTH anytime, 24/7.	BALDWIN COUNTY	<u>Baldwin County Health Department</u> 478-445-4264
	BIBB COUNTY	<u>Macon-Bibb County Health Department</u> 478-745-0411
	HOUSTON COUNTY	Houston County Health Department 478-749-0179 or 1-844-987-0099
	DISTRICT OFFICE	478-751-6303
Georgia Department of Commu (<u>DCH</u>) Oversee Medicaid & the State H Benefit Plan and Healthcare Fac Regulation Division (HFRD)	ealth	<u>404-656-4507</u>
Georgia Division of Family & Children Services (DFCS) Oversee reports of child abuse, foster & adoptive homes for abused and neglected children, issuing SNAP, Medicaid & TANF.	BALDWIN COUNTY	Baldwin County DFCS (Milledgeville) 478-445-4135
	BIBB COUNTY	Bibb County DFCS (Macon) 478-751-6610
	HOUSTON COUNTY	Houston County (Warner Robins) 478-988-7600
	DISTRICT OFFICE	(404) 657-3433 <u>customer_services_dfcs@dhs.ga.gov</u>

HOUSTON

COUNTY

Georgia's Department of Early Care and Learning (DECAL): Provides childcare and early education resources throughout the state.		Detailed directory of staff in the different programs.
Georgia Department of Juvenile Justice (DJJ): Serves state's youth offenders by providing probation supervision, secure detention, youth with medical and mental health treatment, including behavioral health, through age 21.		Office of Behavioral Health Services (OBHS) Dr. Christine Doyle Contact Director 404-508-6597
Georgia Mental Health Consumer Network (GMHCN): Leads local and statewide initiatives to promote and provide behavioral health services including peer mentoring and online wellness resources.		404-687-9487
Georgia Public Defender Council Mental Health Courts: 24-month judicially supervised, treatment-based program for those individuals with a documented mental health diagnosis.	BALDWIN COUNTY	Ocmulgee Judicial Circuit Substance Abuse and Mental Health Court Judges Alison T. Burleson, Amanda S. Petty, and Brenda H. Trammel April Robinson: 478-445-2765 <u>arobinson@eighthdistrict.org</u>
	BIBB COUNTY	Macon Judicial Circuit Mental Health Court and Veterans Treatment Court Judge David Mincey, III Mark Wheeler: 478-621-6603

MWheeler@maconbibb.us

Judge Katherine Lumsden Katie Barrs: 478-218-4864 <u>kbarrs@houstoncountyga.org</u>

Houston Mental Health Court

Local Interagency Planning Team (<u>LIPT</u>): A group of local child- serving agencies and community supports working with youth with severe emotional disturbance (SED)	BALDWIN & BIBB COUNTIES	Region 2: Kimberly Dempsey LIPT Chair 706-792-7663 <u>kimberly.dempsey@dbhdd.ga.gov</u>
and their families using the System of Care approach by facilitate the coordination of services.	HOUSTON COUNTY	Region 6: Jackie Ezell 706-565-7835 jackie.ezell@dbhdd.ga.gov
Peer2Peer Warm Line : 24 hours phone peer support fro peer specialists to provide assis resources for challenging life ex and chronic behavioral health c	stance and operiences	888-945-1414
Youth Development Campuses: Medium to low-security detention centers operated	BALDWIN COUNTY	Milledgeville YDC 800 North Glynn St Milledgeville, GA 31061 Jeffrey Bright

locally by the Juvenile Justice Department and holds youths awaiting the determination of punishment for the crimes which they are accused.

e ment y	COUNTY	800 North Glynn St Milledgeville, GA 31061 Jeffrey Bright Facility Director 478-445-3050	
	BIBB COUNTY	Macon YDC 4160 Riggins Mill Rd Macon, GA 31217-5440 Cynthia Dupree Facility Director 478-751-3415	

SUPPORT GROUPS & SUBSTANCE ABUSE PROGRAMS

STATEWIDE		
Georgia Parent Support Network (GPSN): 1-844-278-6945 404-758.4500 info@gpsn.org	 Workaholics Anonymous: <u>Online & phone meetings</u> Intown Community Church / Chris atlantaworkaholics@gmail.com 646-656-1592 Atlanta, GA Catalyst /Brenda 	
Narcotics Anonymous: <u>https://grscna.com/</u>	404-325-5288 404-731-3399	
ALCOHOLICS ANONYMOUS		
 Baldwin county meetings schedule and zoom link; 478-453-4235 Bibb county meetings schedule & zoom link Crawford County meeting schedule Hancock County meeting schedule Houston county meetings schedule and zoom link 	 Jasper County meeting schedule Jones County meeting schedule Monroe County meeting schedule Peach County meeting schedule Putnam County meeting schedule Washington County meeting schedule Wilkinson County meeting schedule 	
BALDWIN COUNTY		
NAMI Baldwin-Milledgeville • Tina Carpenter • Faye Taylor 478-363-9438 770-851-7204 tinac119@gmail.com faye.m.taylor@gmail.com	Narcotics Anonymous Piedmont Area (Bibb, Baldwin, Houston counties) 888.677-8810 https://sites.google.com/site/pascna/	
BIBB COUNTY		
Georgia Parent Support Network- Bibb county chapter: Puzzle Pieces of Love Brianna Jackson 478-973-1630	Narcotics Anonymous Piedmont Area (Bibb, Baldwin, Houston counties) 888.677-8810 https://sites.google.com/site/pascna/	
breejack2013bj@gmail.com	NAMI Central Georgia-Warner Robbins	

NAMI Central Georgia-Warner Robbins Paula Karsti paula@namiofcentralga.org

HOUSTON COUNTY

Narcotics Anonymous Piedmont Area (Bibb, Baldwin, Houston counties)

888.677-8810 https://sites.google.com/site/pascna/

RURAL HOSPITALS

CRITICAL ACCESS HOSPITALS

Critical Access Hospitals (CAH) provide essential access to high-quality healthcare in rural Georgia. The CAH designation is given by the Centers for Medicare and Medicaid Services (CMS) to rural hospitals located at least 35-mile away from another hospital, with no more than 25 beds, providing 24/7 emergency care services.

MAP OF CRITICAL ACCESS HOSPITALS

REGION	ORGANIZATION	CONTACT
BALDWIN COUNTY	Jasper Memorial Hospital	706-468-6411
	Taylor Telfair Regional Hospital	229-868-5621
BIBB COUNTY	Macon Vascular Care	478-254-9363
HOUSTON COUNTY	Bleckley Memorial Hospital	478-934-6211
JASPER COUNTY	Jasper Memorial Hospital	706-468-6411
PEACH COUNTY	Atrium Health Navicent Peach	478-654-2000
PUTNAM COUNTY	Putnam General Hospital	706-923-2002
WASHINGTON COUNTY	Memorial Hospital of Washington County	478-240-2000

GEORGIA STATE OFFICE OF RURAL HEALTH (SORH)

Under Georgia Department of Community Health, focused on improving access to health care in rural and underserved areas and to reduce health status disparities.

Rural Hospital Services:

Provides technical assistance and resources to support Critical Access and small rural hospitals.

• Dawn Waldrip Contact Director Rural Hospital Services 229-401-3088 dawn.waldrip@dch.ga.gov 229-401-3081 DCH.SORH@dch.ga.gov

SORH LOCATION MAPS

Rural Hospitals:

Hospitals located at and providing health services outside of metropolitan centers where access to specialists and intensive care might not be readily available. Some might not have in-patient behavioral health beds in hospitals but all emergency rooms provide behavioral health services.

- Bibb County: Flint River Community Hospital; 866-727-4612
- Baldwin County: Navicent Health Baldwin; 478-776-4000





For more information, visit resilientga.org.

Questions or feedback? Contact info@resilientga.org.

